Award-winning chef Vivian Howard takes a culinary tour of the South through cross-cultural dishes on her new PBS series, premiering Friday, March 27, at 9 PM. Learn how people of different backgrounds interpret dishes while expressing the complex values, identities and histories that make up our American South.

Celebrate food, family and culture all month long—and don’t miss our Neighbor by Neighbor fundraiser, through Sunday, March 15—on UNC-TV PBS & More!
Tax Planning Can Make A Difference for You & UNC-TV

A gift to UNC-TV makes a difference—and benefits you, too!

Finishing your taxes? Plan now to pay less next year. Tax laws have changed, but the advantages of contributing to charities remains. Gifts support UNC-TV’s ability to be a vital resource in information, education, entertainment and emergency communications for all of North Carolina and beyond.

Plan this year to make a gift which can include such benefits as income tax and capital gains tax avoidance and perhaps lifetime income. While a Qualified Charitable Distribution (QCD) from your IRA is still a great gift, you may want to revisit your estate plan to ensure new SECURE Act limitations don’t come between you and your philanthropic goals.

We appreciate your support. To learn more, visit unctvgift.org or contact us at giftplanning@unctv.org or 877-485-3200.

March Is Membership Month

This month, we’re celebrating and honoring all that you’ve helped us achieve. As partners in this great public media enterprise, we want you to know how grateful we are for your generous support! Together we create and deliver stories well told. Members like you allow us to bring new ideas, discoveries and perspectives to the many communities and neighborhoods we serve.

We know our viewers turn to UNC-TV for many reasons. Your participation in our member survey helps guide our content and services each year. So, when you see this envelope in your mailbox, please let us know which programs you enjoy most by completing our 2020 Member Survey, and then help keep those programs on the air with a tax-deductible gift today. You can contribute securely online at unctv.org/survey1.

Thank you again for being such a vital member of our UNC-TV family!
PINKALICIOUS & PETERRIFIC!
Starting Monday, March 30!

Catch a week of all-new Pinkalicious & Peterrific episodes celebrating our leading lady who loves the arts—Pinkalicious & Peterrific! These brand new Pinka-episodes start Monday, March 30, on Rootle! Don’t miss them!

RIDDLE ME THIS, XAVIER RIDDLE
Where Are the Women Presidents?

Celebrate girl power with the new, hour-long special, Xavier Riddle & the Secret Museum: I Am Madam President. Shocked to discover no women have been United States presidents yet, Yadina travels to meet some of history’s boldest women and learns how she can do something that’s never been done before. Watch on Rootle and on our 24/7 stream at unctv.org/rootle!

CLIFFORD’S BACK ON THE BLOCK!
Weekends, at 7 AM & 1 PM

Have fun with everyone’s favorite giant canine as Clifford the Big Red Dog is back and better than ever! This rebooted series, featuring Clifford and pal Emily Elizabeth, explores colorful new places, while boosting empathy, early literacy and imaginative play for preschoolers. Watch on Rootle, weekends at 7 AM and 1 PM.

ALL DAY & ALL NIGHT

6 AM  Cyberchase
7:00  Arthur DV

7:30  Odd Squad
8:00  Ready Jet Go!
8:30  Peg + Cat
9:00  Clifford the Big Red Dog
9:30  Pinkalicious & Peterrific
10:00  Sesame Street DV
10:30  Super WHY!

11:00  WordWorld

11:30  Splash & Bubbles
Noon  Sid the Science Kid
12:30  Caillou
1:00  Peep & the Big Wide World

1:30  Martha Speaks
2:00  Sesame Street DV
2:30  Daniel Tiger’s Neighborhood DV
3:30  Pinkalicious & Peterrific
4:00  The Cat in the Hat Knows a Lot About That
4:30  Dinosaur Train DV
5:00  Let’s Go Luna
5:30  Nature Cat
6:00  Wild Kratts
7:00  Xavier Riddle
7:30  Molly of Denali
8:00  Odd Squad
8:30  Arthur DV
9:00  Ready Jet Go!
9:30  WordGirl
10:00  Sesame Street DV
10:30  Daniel Tiger’s Neighborhood DV
11:30  Pinkalicious & Peterrific
12 M  The Cat in the Hat Knows a Lot About That

12:30  Dinosaur Train DV
1:00  Let’s Go Luna
1:30  Nature Cat
2:00  Wild Kratts
3:00  Xavier Riddle
3:30  Molly of Denali
4:00  Odd Squad DV
4:30  Arthur DV
5:00  Ready Jet Go!
5:30  WordGirl

Read CenterPiece online @ unctv.org/centerpiece. Visit unctv.org/schedule for complete schedules of all our services.
1 SUNDAY

6 AM TV Nature Cat
NC Closer to Truth
Cosmology & Creation?
NC Finding Your Roots
Criminal Kind with
Laura Linney, Lisa Ling
& Soledad O’Brien

8:30 NC Wild Kratts
NC Firing Line with
Margaret Hoover
Bright minds and fresh voices
debate important challenges.

9:00 TV This Old House Hour
Westerly: Rockin’ the
Granite/Cable Railing, Paint
NC Washington Week
Leading journalists analyze
major news and events.
NC Great American
Railroad Journeys
Reno to Napa Valley

10:00 TV Brain Wash with
David Perlmutter, MD
Premiere!
The neurologist
looks at lifestyle changes
for wellness and longevity.

LISTINGS KEY:
TV UNC-TV
NC North Carolina Channel
UNC-EX Explorer Channel
DV Descriptive Video Service
COLOR UNC-TV productions
& local interest
Shaded programs indicate
Neighbor by Neighbor specials.

PLEASE NOTE: While every
effort is made to ensure the
accuracy of CenterPiece, on-air
announcements, updates at
unctv.org and posts to
social media provide the
latest scheduling information.
Some program start and end
times can vary slightly from
our listings. Add at least five
minutes when recording your
favorite shows.

Call or Text DONATE to 1-800-984-9090.

Travel across two continents and five
centuries on African Americans:
Many Rivers to Cross, Sunday,
March 1, at 2 PM, on UNC-TV,
Join award-winning bluegrass all-stars Rhonda Vincent, Becky Buller, Molly Tuttle, Alison Brown and Missy Raines (L-R), on Bluegrass Now!, Monday, March 2, at 9:30 PM, on UNC-TV.
<table>
<thead>
<tr>
<th>Time</th>
<th>Channel</th>
<th>Program Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00</td>
<td>UNC-TV</td>
<td>Henry Louis Gates Jr.: Uncovering America</td>
<td>Join Courtney B. Vance to celebrate the renowned historian, author and filmmaker.</td>
</tr>
<tr>
<td>9:00</td>
<td>UNC-TV</td>
<td>My Home, NC</td>
<td>The Trip: A Story of the South</td>
</tr>
<tr>
<td>9:30</td>
<td>UNC-TV</td>
<td>Chuck Berry: Brown-Eyed Handsome Man</td>
<td>Take an in-depth look at the influential artist who turned R&amp;B into R’n’R.</td>
</tr>
<tr>
<td>10:00</td>
<td>UNC-TV</td>
<td>Articulate</td>
<td>with Jim Cotter</td>
</tr>
<tr>
<td>11:00</td>
<td>UNC-TV</td>
<td>Amanpour &amp; Company</td>
<td>Travelscope</td>
</tr>
<tr>
<td>11:30</td>
<td>UNC-TV</td>
<td>North Carolina Bookwatch</td>
<td>A Taste of History with David Yetman</td>
</tr>
<tr>
<td>12:00</td>
<td>UNC-TV</td>
<td>PBS NewsHour</td>
<td>NC Beat</td>
</tr>
<tr>
<td>1:00</td>
<td>UNC-TV</td>
<td>PBS NewsHour</td>
<td>My Home, NC</td>
</tr>
<tr>
<td>2:00</td>
<td>UNC-TV</td>
<td>BBC World News</td>
<td>The Trip: A Story of the South</td>
</tr>
<tr>
<td>3:00</td>
<td>UNC-TV</td>
<td>BBC World News</td>
<td>NC Beat</td>
</tr>
<tr>
<td>4:00</td>
<td>UNC-TV</td>
<td>NC Beat</td>
<td>My Home, NC</td>
</tr>
<tr>
<td>5:00</td>
<td>UNC-TV</td>
<td>NC Beat</td>
<td>The Trip: A Story of the South</td>
</tr>
<tr>
<td>6:00</td>
<td>UNC-TV</td>
<td>NC Beat</td>
<td>NC Beat</td>
</tr>
<tr>
<td>7:00</td>
<td>UNC-TV</td>
<td>NC Beat</td>
<td>NC Beat</td>
</tr>
<tr>
<td>8:00</td>
<td>UNC-TV</td>
<td>Sesame Street: 50 Years &amp; Still Sunny!</td>
<td>Join Gloria Estefan for the long-awaited 50th anniversary celebration of the iconic children’s series.</td>
</tr>
<tr>
<td>9:00</td>
<td>UNC-TV</td>
<td>The Weight of Memory: Vietnam War</td>
<td>A Road Trip for Rice</td>
</tr>
<tr>
<td>9:30</td>
<td>UNC-TV</td>
<td>Pati’s Mexican Table</td>
<td>Cancun: We Meet Again</td>
</tr>
<tr>
<td>10:00</td>
<td>UNC-TV</td>
<td>Pati’s Mexican Table</td>
<td>One Plate at a Time with Rick Bayless</td>
</tr>
<tr>
<td>11:00</td>
<td>UNC-TV</td>
<td>Rise Up: Songs of the Women’s Movement</td>
<td>Premiere! Celebrate the centennial of women’s right to vote through popular music with great performances.</td>
</tr>
<tr>
<td>12:00</td>
<td>UNC-TV</td>
<td>My Home, NC</td>
<td>The Last Battle</td>
</tr>
<tr>
<td>1:00</td>
<td>UNC-TV</td>
<td>My Home, NC</td>
<td>Legends of Aircrwer with Enemy Everett Alvarez</td>
</tr>
<tr>
<td>2:00</td>
<td>UNC-TV</td>
<td>My Home, NC</td>
<td>Sara’s Weeknight Meals</td>
</tr>
<tr>
<td>3:00</td>
<td>UNC-TV</td>
<td>My Home, NC</td>
<td>Savory Dinner Pie</td>
</tr>
<tr>
<td>4:00</td>
<td>UNC-TV</td>
<td>My Home, NC</td>
<td>Top NC bands perform live.</td>
</tr>
</tbody>
</table>

See how music can make a difference on the premiere of *Rise Up: Songs of the Women’s Movement*, Wednesday, March 4, at 9:30 PM, on UNC-TV.
8:00 ncIMPACT
Reclaiming Youth Opportunity
See struggling youth gain self-sufficiency through entrepreneurial farming.

8:30 Muse
New! UNCSA: Dancing to New Heights/Inclusive Art Initiative: El Futuro’s Community Mural

9:00 North Carolina Weekend
A Short Guide to Cellphone Safety

9:30 Lion Richie at Glastonbury
The legend performs All Night Long

9:30 NC SPIN
Islands Without Cars with Kira Cook
Michigan’s Mackinac Island

9:30 NC SPIN
Islands Without Cars with Kira Cook
Michigan’s Mackinac Island

10:00 North Carolina Weekend
Bare Feet with Mickela Mallozi
Malaysia, Part 2

10:30 Muse
UNCSA: Dancing to New Heights/Inclusive Art Initiative: El Futuro’s Community Mural

11:00 Amanpour & Company
PBS NewsHour
Travelscope
Bhutan: Part 1, Gross National Happiness

11:30 In the Americas with David Yetman
Chiapas Highlands: Mexico’s Indian Empire

6 FRIDAY

6 PM PBS NewsHour
BBC World News America
A Taste of History

6:30 BBC World News Today

6:30 Kevin Belton’s New Orleans Celebrations
Shrimp Fest

7:00 McLaughlin Group
Rick Steves’ Europe Western Turkey

7:30 NC SPIN
Islands Without Cars with Kira Cook
Michigan’s Mackinac Island

8:00 Pinkalicious & Peterrific

9:00 Let’s Go Luna!
North Carolina Weekend

9:30 Nature Cat
ncIMPACT
Reclaiming Youth Opportunity
See struggling youth gain self-sufficiency through entrepreneurial farming.

10:00 North Carolina Weekend

10:30 NC SPIN
Firing Line with Margaret Hoover

11:00 PBS NewsHour
EastEnders

11:30 Amanpour & Company
EastEnders

7 SATURDAY

6 AM Mister Rogers’ Neighborhood
Sci NC
Critters

6:30 Carolina Outdoor Journal

6:30 Daniel Tiger’s Neighborhood

7:00 Sesame Street

7:30 Daniel Tiger’s Neighborhood

8:00 NC SPIN

8:30 Molly of Denali

9:00 NC SPIN

9:30 Nature Cat
ncIMPACT
Reclaiming Youth Opportunity
See struggling youth gain self-sufficiency through entrepreneurial farming.

10:00 North Carolina Weekend

10:30 NC SPIN
Firing Line with Margaret Hoover

11:00 CBC News

11:30 Amanpour & Company

10:30 ncIMPACT
Reclaiming Youth Opportunity
See struggling youth gain self-sufficiency through entrepreneurial farming.

Open Mind
Democratizing the Jury
Jamie’s Quick & Easy Food
Sea Bass/Mushrooms/Chicken/Pineapple
<table>
<thead>
<tr>
<th>Time</th>
<th>Channel</th>
<th>Program Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00</td>
<td>TV</td>
<td>Relieving Stress with Yoga with Peggy Cappy</td>
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<tr>
<td></td>
<td>NC</td>
<td>The Woodwright’s Shop with Roy Underhill</td>
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<tr>
<td></td>
<td>NC</td>
<td>Inlaid Lettering with Steve Latta</td>
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<tr>
<td></td>
<td>EX</td>
<td>A Taste of History</td>
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<tr>
<td></td>
<td>NC</td>
<td>This American Land</td>
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<tr>
<td>11:30</td>
<td>TV</td>
<td>Public Lands, Clean Water from Farmlands/Urine Recycling</td>
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<tr>
<td></td>
<td>TV</td>
<td>Bare Feet with Mickela Mallozzi</td>
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<td></td>
<td>NC</td>
<td>Malaysia, Part 2</td>
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<tr>
<td>12:30</td>
<td>NC</td>
<td>TasteMAKERS: Season Premiere! Atlantic Sea Farms, Portland, Maine</td>
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<td>NC</td>
<td>In the Americas with David Yetman</td>
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<td>NC</td>
<td>Sierra Nevada &amp; the Making of California</td>
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<tr>
<td>1:00</td>
<td>NC</td>
<td>Exploring North Carolina</td>
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<td></td>
<td>NC</td>
<td>History &amp; Future of Water in NC</td>
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<td></td>
<td>NC</td>
<td>Keto Diet with Dr. Josh Axe</td>
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<td></td>
<td>NC</td>
<td>Get a fresh spin on the popular diet</td>
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<tr>
<td>1:30</td>
<td>NC</td>
<td>Expeditions with Patrick McMillian</td>
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<td></td>
<td>NC</td>
<td>The New River Valley: Ancient Landscapes, Ancient Connection</td>
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<tr>
<td>2:00</td>
<td>NC</td>
<td>Muse: Dancing to New Heights/Inclusive Art Initiative: El Futuro’s Community Mural</td>
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<tr>
<td>2:30</td>
<td>NC</td>
<td>Story in the Public Square</td>
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<tr>
<td></td>
<td>NC</td>
<td>Sesame Street: 50 Years &amp; Still Sunny!</td>
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<tr>
<td>3:00</td>
<td>NC</td>
<td>To the Contrary with Bonnie Erbê</td>
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<td>NC</td>
<td>National TV’s only women-centered news analysis show tackles hot topics</td>
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<tr>
<td>3:30</td>
<td>NC</td>
<td>Firing Line with Margaret Hoover</td>
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<td>4:00</td>
<td>NC</td>
<td>FRONT ROW with Marc Rotterman</td>
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<td></td>
<td>EX</td>
<td>Healthy Brain—Happy Life with Dr. Suzuki</td>
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<tr>
<td>4:30</td>
<td>NC</td>
<td>NC SPIN</td>
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<tr>
<td>5:00</td>
<td>NC</td>
<td>PBS NewsHour Weekend</td>
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<tr>
<td>5:30</td>
<td>NC</td>
<td>Washington Week with Miranda Esmosonde-White</td>
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<tr>
<td>6:00</td>
<td>NC</td>
<td>Classic Gospel: A Billy Graham Music Homecoming</td>
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<tr>
<td>6:30</td>
<td>NC</td>
<td>Great Performances: Michael Bublé—Tour Stop 148</td>
</tr>
<tr>
<td>7:00</td>
<td>NC</td>
<td>A Chef’s Life Season 1 Marathon Relive the start of Vivian Howard’s foodie phenomenon</td>
</tr>
<tr>
<td>8:00</td>
<td>TV</td>
<td>Soul Legends</td>
</tr>
<tr>
<td>9:00</td>
<td>EX</td>
<td>African Americans: Many Rivers to Cross The Age of Slavery</td>
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<tr>
<td>10:00</td>
<td>EX</td>
<td>Pink Floyd: Live from Venice Premier!</td>
</tr>
<tr>
<td>10:30</td>
<td>EX</td>
<td>African Americans: Many Rivers to Cross The Age of Slavery</td>
</tr>
<tr>
<td>11:30</td>
<td>EX</td>
<td>Rise Up: Songs of the Women’s Movement Celebrate the centennial of women’s right to vote</td>
</tr>
</tbody>
</table>

**Settle in for some super Soul Legends, Saturday, March 7, at 8 PM, on UNC-TV.**
8 SUNDAY

6 AM
TV Nature Cat
NC Closer to Truth
What Is Philosophy of Biology?
EX Finding Your Roots
Hollywood Royalty with Isabella Rossellini, Anjelica Huston & Mia Farrow

6:30 TV Wild Kratts
NC Education Matters

7:00 TV Ready Jet Go! DV
NC Open Mind
Join Alexander Heffner for a thoughtful excursion into the world of ideas across politics, media, technology, arts and civic life.

7:30 TV Daniel Tiger’s Neighborhood DV
NC ncIMPACT
Reclaiming Youth Opportunity. See struggling youth gain self-sufficiency through entrepreneurial farming.

8:00 TV Curious George DV
NC Carolina Business Review
NC Great American Railroad Journeys
Berkeley to Santa Cruz

8:30 TV Wild Kratts
NC Firing Line with Margaret Hoover

9:00 TV This Old House Hour
Westerly: Pining for Old Pine/Beehive Oven, Jimmy
NC Washington Week
NC Great American Railroad Journeys
Monterey to Los Angeles

9:30 NC FRONT ROW with Marc Rotterman

10:00 TV Dr. Fuhrman’s Food as Medicine: PREMERE! Learn how to supercharge your immune system to guard against disease.
NC NC SPIN
NC Great American Railroad Journeys
Los Angeles to San Diego

10:30 NC North Carolina Bookwatch
Tommy Tomlinson: The Elephant in the Room

11:00 NC McLaughlin Group
NC Great British Baking Show
Final

11:30 NC Story in the Public Square
Evelyn Forkas

Noon TV NC SPIN
NC Carolina Outdoor Journal
NC Samantha Brown’s Places To Love
The Florida Keys & Key West

12:30 TV FRONT ROW with Marc Rotterman
NC Fishing Behind the Lines
A Medical Point of View: General Bob Kasaule
NC Rick Steves’ Europe
Lisbon

1:00 TV Feel Better with Pressure Point Therapy
Dr. Michael Pinkus applies techniques involving ancient acupressure points to provide pain relief.
NC Song of the Mountains
Molly Rose Band/Junior Sisk & Ramblers Choice
NC Age Fix with Anthony Youn, MD
Dr. Youn shares a surgery-free way to fix age-related skin concerns.

2:00 TV America’s Test Kitchen 20th Anniversary Special
The 20 most popular recipes and great moments from the show’s two decades on air are showcased.

3:00 TV Songs at the Center
Chris Trapper, Olivia Miller-Schorn & Diana Chittester

3:30 TV Sesame Street: 50 Years & Still Sunny!
Join Gloria Estefan for the long-awaited 50th anniversary celebration of the iconic children’s series.
NC Songwriters
Mark D. Sanders

Sample the best from America’s Test Kitchen 20th Anniversary Special, premiering Sunday, March 8, at 2 PM, on UNC-TV.

4:00 NC Austin City Limits
Father John Misty/ The Black Angels

5:00 TV Doo Wop to Pop Rock: My Music Celebrates 20 Years
Glen Campbell, Aretha Franklin and more performers celebrate hit songs from the 1950s to the ’70s.
NC PBS NewsHour Weekend

5:30 TV Reclaiming Youth Opportunity
See struggling youth gain self-sufficiency through entrepreneurial farming.

6 PM NC Black Issues Forum
NCLBC Roundtable 2018

6:30 NC Blackademics
Television
Curry/Evans-Winters/Keith
NC Bluegrass Now!
Join Rhonda Vincent and Jim Lauderdale for a musical celebration with Alison Brown and more.

7:00 NC A Chef’s Life
Season 2 Marathon Vivian hits the road with a new roster of Southern ingredients.

7:30 NC Great Performances: Michael Bublé—Tour Stop 148
Go behind-the-scenes on this sold-out tour!

8:00 TV Maya Angelou: American Masters
Revisit the prolific life of the author and activist.

9:00 TV Bluegrass Now!
Join Rhonda Vincent and Jim Lauderdale for a musical celebration with Alison Brown and more.

10:30 TV Rick Steves’ Festival Europe
Rick ventures into Parisian streets on Bastille Day and takes in London’s royal pageantry.

11:00 TV Pink Floyd: Live from Venice
Experience the first-authorized version of this legendary 1989 “Night of Wonders” concert (with massive floating stage).

March | 9
9 MONDAY

6 PM  PBS NewsHour
   NBC World News
   America
   Great American
   Railroad Journeys
   Los Angeles to San Diego

6:30  NBC World News
   Outside Source

7:00  nclIMPACT
   Reclaiming Youth Opportunity
   See struggling youth gain self-sufficiency through entrepreneurial farming.
   Live PBS NewsHour
   Rick Steves’ Europe
   Central Turkey

7:30  A Chef’s Life
   Persimmon Style
   Samantha Brown’s Places To Love
   Vienna, Austria

8:00  Pottery Live!
   with Ben Owen III
   Petsmart! Live from the UNC-TV studio, the artist shares the craft’s history and his work.

8:30  Exploring
   North Carolina
   Salamanders as Canaries
   Grantchester Season 4 on Masterpiece
   Episode 4 Geordie is surprised that Will really grew up amid secrets and lies.

9:00  nclIMPACT
   UNCSA: Dancing to
   Persimmon Style
   Death in Paradise
   Beyond the Shining Sea, Part 1

9:30  North Carolina Weekend

10:00  Soul Legends
   Winston-Salem-born Pam Grier hosts this tribute to the greatest soul hits and performers from the 1970s and ‘80s.

10:15  Sci NC
   Critters
   Tunnel
   A killer claims to highlight ill’s of contemporary European society.

10:30  nclIMPACT
   Reclaiming Youth Opportunity
   See struggling youth gain self-sufficiency through entrepreneurial farming.

11:00  PBS NewsHour
   Finding Your Roots
   Hollywood Royalty with Isabella Rossellini, Anjelica Huston & Mia Farrow

Explore the history and art of Pottery Live! with Ben Owen III, Monday, March 9, at 8 PM, on UNC-TV.

10 TUESDAY

6 PM  PBS NewsHour
   NBC World News
   America
   Simply Ming
   Ming Tsai with Karen Akunowicz

6:30  NBC World News
   Outside Source
   Taste of Malaysia with Martin Yan
   Cultural Mosaic

7:00  Flavor, NC
   Seaview Crab Company/Port Land Grille
   Live PBS NewsHour
   Rick Steves’ Europe
   France’s Loire: Château Country

7:30  North Carolina Weekend
   Travelscope
   Hong Kong: Asia’s World City

8:00  Great Performances:
   An Intimate Evening with David Foster
   Join an all-star lineup celebrating the music and career of the hit musician and composer.

8:30  Story in the Public Square
   Evelyn Farkas

9:00  My Home, NC
   Heather Burgess profiles fascinating North Carolinians.

11 WEDNESDAY

6 PM  PBS NewsHour
   NBC World News
   America
   Muse
   UNCSA: Dancing to
   New Heights/Inclusive Art Initiative: El Futuro’s Community Mural

6:30  NBC World News
   Outside Source
   nclIMPACT
   Reclaiming Youth Opportunity
   See struggling youth gain self-sufficiency through entrepreneurial farming.

7:00  Muse
   UNCSA: Dancing to
   New Heights/Inclusive Art Initiative: El Futuro’s Community Mural

7:30  Exploring
   North Carolina
   Salamanders as Canaries
   Travelscope
   Fiji: Island Hopping
March 11, at 8 PM, on UNC-TV.

Catch your all-time favorites on Celtic Woman: The Best Of..., Wednesday, March 11, at 8 PM, on UNC-TV.

Don’t be another brick in the wall, see Brit Floyd—40 Years of the Wall, Wednesday, March 11, at 9:30 PM, on UNC-TV.

9:30 Brit Floyd—40 Years of the Wall PREMIERE! Celebrate the 40th anniversary of Pink Floyd’s iconic rock opera with this top tribute act.

10:00 Legends of Airpower

Paul Tibbetts

Sara’s Weeknight Meals

Stir Fry with Grace Young

12 THURSDAY

6 PM PBS NewsHour

BBC World News America

New Scandinavian Cooking

Plenty of Foods

6:30 BBC World News

Outside Source

Flavor of Poland with Aleksandra August Bialystok

7:00 My Home, NC

Heather Burgess profiles fascinating North Carolinians.

NC PBS NewsHour

Rick Steves’ Europe

The Best of Israel

7:30 Sci NC

Unexpected Finds in NC

Off the Beaten Track with Kate Humble

Southern Snowdonia

8:00 ncIMPACT

Energy Poverty

Learn how some low-income families can cheaply weatherize their homes.

9:30 Suz Orman’s Ultimate Retirement Guide

The bestselling author and financial expert offers advice for a more secure, successful retirement.

Jazzy Vegetarian

Delightful Dairy-free Desserts

Great Scenic Railway Journeys New Zealand

10:00 NC North Carolina Weekend

Bare Feet with Mickela Mallozzi

Music City

10:30 Muse

UNCSA Choreographic Institute/Blacklight Project

Travelogue China

Climb Every Mountain

11:00 PBS NewsHour

NC PBS NewsHour

Bare Feet with Mickela Mallozzi

Music City

11:30 Brit Floyd—40 Years of the Wall

Celebrate the 40th anniversary of Pink Floyd’s iconic rock opera with this top tribute act.

In the Americas with David Yetman

Brazil’s Pantanal: Wetlands & Wildlife

13 FRIDAY

6 PM PBS NewsHour

BBC World News America

A Taste of History

Penn’s Personal Brewery

6:30 BBC World News

Kevin Belton’s New Orleans Celebrations

Italian Fest
7:00 | McLaughlin Group
7:30 | NC SPIN Islands Without Cars with Kira Cook
8:00 | Firing Line with Open Mind
8:30 | FRONT ROW with Marc Rotterman
9:00 | Soul Legends
9:30 | NC SPIN
10:00 | NC SPIN
10:30 | Firing Line with Margaret Hoover
11:00 | Keto Diet with Dr. Josh Axe
11:30 | PBS NewsHour

14 SATURDAY
6 AM | Mister Rogers’ Neighborhood
6:30 | Daniel Tiger’s Neighborhood
7:00 | Sesame Street
7:30 | Exploring North Carolina
8:00 | Pinkalicious & Peterrific
8:30 | Molly of Denali
9:00 | Let’s Go Luna!
9:30 | Nature Cat
10:00 | North Carolina Weekend
10:30 | nclIMPACT
11:00 | Memory Rescue

Visit the Home of Little Women: Louisa May Alcott’s Orchard, Friday, March 13, at 10:30 PM, on the Explorer Channel.

Expeditions with Patrick McMillan
The Clemson Forest: From Tragedy to Triumph

7:00 | Exploring North Carolina
7:30 | Daniel Tiger’s Neighborhood
8:00 | Exploring North Carolina
8:30 | Molly of Denali
9:00 | Let’s Go Luna!
9:30 | Nature Cat
10:00 | North Carolina Weekend
10:30 | nclIMPACT
11:00 | Memory Rescue

12:30 | TasteMAKERS

13:30 | America’s Test Kitchen
20th Anniversary Special
It’s a party with the show’s 20 most popular recipes and greatest moments!

1:00 | Nova Secrets of the Forbidden City

1:30 | Expeditions with Patrick McMillan

2:00 | Nova Longevity Paradox with Steven Gundry, MD
Dr. Gundry shares how to feel better and more youthful, at any age.
2:30 TV Food: What the Heck Do I Eat? with Mark Hyman, MD
Dr. Mark Hyman reveals which foods nurture our health and which foods can pose a threat.
NC Story in the Public Square
Evelyn Farkas
3:00 NC To the Contrary with Bonnie Erbé
3:30 NC Firing Line with Margaret Hoover
ADD & Loving It! Patrick McKenna talks to researchers and ordinary people dealing with attention deficit disorder.
4:00 NC FRONT ROW with Marc Rotterman
4:30 TV Suze Orman’s Ultimate Retirement Guide
The bestselling author and financial expert offers advice for a more secure, successful retirement.
NC NC SPIN
5:00 NC PBS NewsHour Weekend
Great Performances: An Intimate Evening with David Foster
Join an all-star lineup celebrating the music and career of the hit musician and composer.
6:30 NC Washington Week
6 PM NC Classic Gospel
All Day Singin’ at the Dome
6:30 TV Celtic Woman: The Best Of...
Jet off to Ireland for magical moments and memories from 15 years of making music.
7:00 NC A Chef’s Life
Season 3 Marathon Vivian and Ben juggle their twins and two restaurants, while Vivian writes a cookbook.
EX Brit Floyd—40 Years of the Wall
Celebrate the 40th anniversary of Pink Floyd’s iconic rock opera with this top tribute act.
8:00 EX Royal Prince: Rave Un2 the Year 2000
Lenny Kravitz, Morris Day & The Time and other stars join Prince on such hits as Purple Rain, 1999 and Raspberry Beret.
8:30 EX Bluegrass Now!
Rhonda Vincent and Jim Lauderdale host this musical celebration with Alison Brown and more.
9:30 TV Brit Floyd—40 Years of the Wall
Celebrate the 40th anniversary of Pink Floyd’s iconic rock opera with this top tribute act.
10:00 EX Memory Rescue with Daniel Amen, M.D.
Dr. Amen demonstrates ways to supercharge your memory and remember what matters most to you.
11:00 TV Bluegrass Now!
Join Rhonda Vincent and Jim Lauderdale for a musical celebration with Alison Brown and more.

15 SUNDAY
6 AM TV Nature Cat
NC Closer to Truth
How Can We Know Anything?
EX Finding Your Roots
Off the Farm with Melissa McCarthy & Eric Stonestreet
6:30 TV Wild Kratts
Mini Madagascar
NC Education Matters
7:00 TV Ready Jet Go! DV
EX Open Mind
Antiques Roadshow
Portland, Part 3
7:30 TV Daniel Tiger’s Neighborhood DV
NC nlIMPACT
Energy Poverty
Learn how some low-income families can cheaply weatherize their homes.
8:00 TV Curious George DV
NC Carolina
Business Review
EX Great American Railroad Journeys
Boston to Concord
8:30 TV Wild Kratts
NC Firing Line with Margaret Hoover
9:00 TV This Old House Hour
Westerly: Save the Flagpole/Stoop Planters, Fireplace Insert
EX Washington Week
EX Great American Railroad Journeys
Plymouth to New London
9:30 NC FRONT ROW with Marc Rotterman
10:00 TV 10 Day Belly Slim-down with Dr. Kellyann
Dr. Kellyann shares her proven plan for blasting belly fat quickly and safely.
NC NC SPIN
EX Great American Railroad Journeys
New Haven to Plattsburgh
10:30 NC North Carolina Bookwatch
Sarah Dessen: The Rest of the Story
11:00 NC McLaughlin Group
EX Great British Baking Show
Masterclass 1
11:30 TV Story in the Public Square
Adela Raz
Noon EX NC SPIN
NC Carolina
Outdoor Journal
EX Samantha Brown’s Places To Love
New Zealand: Top of the South Island
12:30 TV FRONT ROW with Marc Rotterman
NC Fishing
Behind the Lines
Water, Wind & Rain: Corey Bibeau
EX Rick Steves’ Europe
Portugal’s Heartland
11:00 NC Aging Backwards 3 with Miranda
ESMOKE-White
Learn how to keep your mind sharp and your body active as you age using gentle daily movement.
NC Song of the Mountains
Jesse Kramer/
Fishing with Corey Bibeau
EX America’s Test Kitchen
20th Anniversary Special
It’s a party with the show’s 20 most popular recipes and greatest moments!
2:00 NC Keto Diet with Dr. Josh Axe
Dr. Axe puts a fresh spin on the popular diet.
EX David Holt’s State of Music
Wayne Henderson/
Jeff Little
2:30 NC Bluegrass Underground
Gregory Alan Isakov
EX 10 Day Belly Slim-down with Dr. Kellyann
Dr. Kellyann shares her plan for blasting away belly fat quickly and safely.
3:00 NC Songs at the Center
Nellie McKay, Lil’ Red & The Rooster
3:30 EX Brain Secrets with Dr. Michael Merzenich
Dr. Merzenich discusses how to improve and maintain cognitive fitness and deal with aging.
NC Songwriters
Aaron Barker
4:00 NC Austin City Limits
Sam Smith/Asher Roth East
visit unctv.org
4:30 🎤 Aging Backwards 3 with Miranda Esmonde-White
Learn how to keep your mind sharp and your body active as you age using gentle daily movement.

5:00 🎤 Great Performances: An Intimate Evening with David Foster
Join an all-star lineup celebrating the music and career of the hit musician and composer.

5:30 🎤 nclIMPACT
Energy Poverty Learn how some low-income families can cheaply weatherize their homes.

6 PM 🎤 Black Issues Forum
Raleigh Alumnae's 80 Years of Impact

6:30 🎤 nclBlackademics
Television

7:00 🎤 Les Misérables 25th Anniversary Concert at the O2 Over 300 actors and musicians celebrate the legendary musical with this 25th Anniversary concert.

7:00 🎤 A Chef's Life Chasing Trout
Samantha Brown's Places To Love

7:30 🎤 A Chef's Life
Northern California

8:00 🎤 Antiques Roadshow
Disruption Consider why social media polarizes us.

8:30 🎤 Simply Ming
Finding Your Roots

9:00 🎤 Antiques Roadshow
Green Bay, Part 2

9:30 🎤 North Carolina Weekend

10:00 🎤 Independent Lens
I Am Another You A charismatic young drifter leaves a comfortable home for a cross-cultural road trip.

10:30 🎤 nclIMPACT
Energy Poverty See how some low-income families can cheaply weatherize their homes.

11:00 🎤 PBS NewsHour
Finding Your Roots

11:30 🎤 Amanpour & Company

17 TUESDAY

6 PM 🎤 PBS NewsHour

6:30 🎤 BBC World News

7:00 🎤 Great American Railroad Journeys

8:00 🎤 Rick Steves' Europe

8:00 🎤 Simply Ming

8:00 🎤 The Rest of the Story

9:00 🎤 nclIMPACT
Energy Poverty Learn how some low-income families can cheaply weatherize their homes.

10:00 🎤 Rick Steves' Europe

10:30 🎤 nclIMPACT
Energy Poverty See how some low-income families can cheaply weatherize their homes.

11:00 🎤 PBS NewsHour

11:30 🎤 Melissa McCarthy & Eric Stonestreet

16 MONDAY

6 PM 🎤 PBS NewsHour

6:30 🎤 BBC World News

7:00 🎤 Simply Ming

7:00 🎤 Rick Steves' Europe

7:30 🎤 nclIMPACT
Energy Poverty Learn how some low-income families can cheaply weatherize their homes.

8:00 🎤 Rick Steves' Europe

8:30 🎤 North Carolina Weekend

9:30 🎤 Simply Ming

10:00 🎤 North Carolina Weekend

11:00 🎤 PBS NewsHour

11:30 🎤 Melissa McCarthy & Eric Stonestreet

16 MONDAY

6 PM 🎤 PBS NewsHour

6:30 🎤 BBC World News

7:00 🎤 Simply Ming

7:00 🎤 Rick Steves' Europe

7:30 🎤 nclIMPACT
Energy Poverty Learn how some low-income families can cheaply weatherize their homes.

8:00 🎤 Rick Steves' Europe

8:30 🎤 North Carolina Weekend

9:30 🎤 Simply Ming

10:00 🎤 North Carolina Weekend

11:00 🎤 PBS NewsHour

11:30 🎤 Melissa McCarthy & Eric Stonestreet

16 MONDAY

6 PM 🎤 PBS NewsHour

6:30 🎤 BBC World News

7:00 🎤 Simply Ming

7:00 🎤 Rick Steves' Europe

7:30 🎤 nclIMPACT
Energy Poverty Learn how some low-income families can cheaply weatherize their homes.
### March 18

<table>
<thead>
<tr>
<th>Time</th>
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<th>Program</th>
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<tr>
<td>6 PM</td>
<td>TV</td>
<td>PBS NewsHour</td>
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<td></td>
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<td>BBC World News America</td>
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<tr>
<td>7:00</td>
<td>TV</td>
<td>UNCSA Choreographic Institute/Blacklight Project</td>
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<td></td>
<td></td>
<td>UNC NewsHour</td>
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<td>Rick Steves' Europe Amsterdam</td>
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<tr>
<td>7:30</td>
<td>TV</td>
<td>Exploring North Carolina</td>
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<td>TravelScope</td>
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<td>Alberta, Canada: The Canadian Rockies</td>
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<td>8:00</td>
<td>TV</td>
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<td>Yosemite</td>
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<td>Great War: American Experience</td>
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### March 19

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<td>BBC World News America</td>
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<td>New Scandinavian Cooking</td>
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<td>6:30</td>
<td>TV</td>
<td>BBC World News Outside Source</td>
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<td>Flavor of Poland with Aleksandra August Olszyn</td>
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<tr>
<td>7:00</td>
<td>TV</td>
<td>Black Issues Forum</td>
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<td>Visit unctv.org/bif.</td>
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### March 20

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<td>BBC World News America</td>
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<td></td>
<td>A Taste of History America's First Penitentiary</td>
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</tbody>
</table>
6:30 NC BBC World News
Today
EX Kevin Belton's New Orleans Celebrations
Cajun Fest
7:00 EX McLaughlin Group
EX NC PBS NewsHour
EX NC Rick Steves' Europe
Prague
7:30 EX NC SPIN
EX NC Islands Without Cars with Kira Cook
Italy's Venetian Lagoon (Venice & Burano)
8:00 EX North Carolina Weekend
EX NC Downton Abbey Season 4 on Masterpiece
Part 1
8:30 EX FRONT ROW
with Marc Rotterman
ncIMPACT
Health Disparities
Meet barbers who warn against prostate cancer in African-American men.
9:00 EX Great Performances
at the Met: Turandot
Enjoy Puccini's famed final opera with a fairytale production set in China from Franco Zeffirelli.
9:30 EX North Carolina Weekend
10:00 EX NC SPIN
EX NC Downton Abbey Season 4 on Masterpiece
Part 2
10:30 NC Firing Line with Margaret Hoover
11:00 NC PBS NewsHour
EX NC EastEnders
11:30 EX Amanpour & Company
EX NC EastEnders

21 SATURDAY

6 AM EX Mister Rogers’ Neighborhood
NC Sci NC Science & Health
NC Carolina Outdoor Journal
6:30 EX Daniel Tiger’s Neighborhood
NC Exploring
North Carolina Currituck
EX NC Expeditions with Patrick McMillan
The Longleaf Empire: Apalachicola National Forest
7:00 EX Sesame Street
NC Carolina Outdoor Journal
EX NC Exploring
North Carolina Native Intelligence
8:30 EX NC SPIN
EX NC Downton Abbey Season 4 on Masterpiece
Part 3
9:00 EX FRONT ROW
with Marc Rotterman
ncIMPACT
Health Disparities
Meet barbers who warn against prostate cancer in African-American men.
9:30 EX North Carolina Weekend
10:00 EX NC SPIN
EX NC Downton Abbey Season 4 on Masterpiece
Part 4
11:00 EX NC SPIN
EX NC Downton Abbey Season 4 on Masterpiece
Part 5

See Puccini’s popular paean to a Peking princess on Great Performances at the Met: Turandot, Friday, March 20, at 9 PM, on UNC-TV.

7:30 TV Daniel Tiger’s Neighborhood
DV NC Experiments with Patrick McMillan
Gardening for Life: Transforming Your Landscape
EX NC Exploring
North Carolina Native Intelligence
EX NC Nature
India’s Wandering Lions
8:30 EX NC SPIN
EX NC Molly of Denali
EX NC Downton Abbey Season 4 on Masterpiece
Part 5
10:30 EX NC SPIN
EX NC Downton Abbey Season 4 on Masterpiece
Part 6

7:30 EX TV Daniel Tiger’s Neighborhood
DV NC Experiments with Patrick McMillan
Gardening for Life: Transforming Your Landscape
EX NC Exploring
North Carolina Native Intelligence
EX NC Nature
India’s Wandering Lions
8:30 EX TV Molly of Denali
EX NC Downton Abbey Season 4 on Masterpiece
Part 5
10:30 EX TV Molly of Denali
EX NC Downton Abbey Season 4 on Masterpiece
Part 6

11:00 TV Growing a Greener World
Creating a Meadow Garden
CN The Woodwright’s Shop with Roy Underhill
LX Work for Timber Work
DV EX A Taste of History
Jam-Asian Fusion
11:30 EX P. Allen Smith’s Garden Home
The Local Life
DV NC This American Land
The Continental Divide/Escaletta River/3-D Science
EX TV Bare Feet with Michelka Mallozzi
Dancer of the Year
(The Cook Islands)
12:30 EX TV America’s Heartland
A California rancher leads his last cattle drive before giving his ranch to the next generation.
EX NC TasteMAKERS
Barton Springs Mill, Dripping Springs, Texas
EX TV In the Americas with David Yetman
Lake Superior: Circling the Sweet Water Ocean
1:00 EX TV Antiques Roadshow
Crocker Art Museum, Part 3
EX NC Exploring
North Carolina Native Intelligence
EX NC North Carolina Weekend
1:30 EX TV Antiques Roadshow
Crocker Art Museum, Part 3
EX NC Exploring
North Carolina Native Intelligence
EX NC North Carolina Weekend

1:30 EX TV Antiques Roadshow
Crocker Art Museum, Part 3
EX NC Exploring
North Carolina Native Intelligence
EX NC North Carolina Weekend

1:30 EX TV Antiques Roadshow
Crocker Art Museum, Part 3
EX NC Exploring
North Carolina Native Intelligence
EX NC North Carolina Weekend

2:30 EX TV Antiques Roadshow
Crocker Art Museum, Part 3
EX NC Exploring
North Carolina Native Intelligence
EX NC North Carolina Weekend

2:30 TV Great Scenic Railway Journeys
Colorado’s Durango & Silverton Narrow Gauge Railroad
LX Story in the Public Square
Adela Raz
3:00 TV Craftsman’s Legacy
The Shoemakers
Gwilym Lee (L) joins the cast as DS Charlie Nelson in the season premiere of Midsomer Murders, Saturday, March 21, at 8 PM, on UNC-TV.

**Music Voyager**

Miami: The Magic City

11:30 **Songs at the Center**
Emerging Artists Sienna Stocky & Olivia Martinez

### 22 SUNDAY

6 AM **Nature Cat**

**NC** Closer to Truth
What Is Analytic Theology?

**EX** Finding Your Roots
Homecomings with Sterling K. Brown, Sasheer Zarnata & Jon Batiste

6:30 **Wild Kratts**

**NC** Education Matters

7:00 **Ready Jet Go!**

**DV** Open Mind

**DV** Antiques Roadshow
Crocker Art Museum, Part 3

7:30 **Daniel Tiger's Neighborhood**

**NC** nclIMPACT
Health Disparities
Visit barbers who warn against prostate cancer in African-American men.

8:00 **Curious George**

**NC** Carolina Business Review

**EX** Great American Railroad Journeys
Montreal to Ottawa

8:30 **Wild Kratts**

**NC** Firing Line with Margaret Hoover

9:00 **This Old House Hour**
Westerly: Seaside Transformation/Ceiling Light, Tool Storage

**NC** Washington Week

**EX** Great American Railroad Journeys
Thousand Islands to Toronto

9:30 **FRONT ROW**

with Marc Rotterman

10:00 **Exploring North Carolina**
Highway to the Future

### 23 MONDAY

**NC** To the Contrary with Bonnie Erbé

**EX** Great American Railroad Journeys
Thousand Islands to Toronto

3:30 **TV** American Woodshop
Garden Fan Trellis & Garden Gates

**NC** Firing Line with Margaret Hoover

4:00 **TV** This Old House Hour
Westerly: Seaside Transformation/ Ceiling Light, Tool Storage

**EX** FRONT ROW with Marc Rotterman

**EX** Selling Sunshine: the Florida Trains
Actor Michael Gross hosts a look at the history of Florida’s railroad service.

4:30 **NC** SPIN

5:00 **TV** Carolina Outdoor Journal

**TV** PBS NewsHour Weekend

**NC** Nature
India’s Wandering Lions

5:30 **TV** PBS NewsHour Weekend

**NC** Washington Week

### 24 TUESDAY

6 PM **Song of the Mountains**
Loose Strings/Tennessee Mafia Jug Band

**EX** Classic Gospel
Gather Vocal Band: Happy Rhythm

**EX** NOVA
Chinese Chariot Revealed

7:00 **TV** As Time Goes By
The Cruise

**NC** A Chef’s Life
Season 5 Marathon
Vivian embarks on her book tour for a stew

**EX** Lorraine Hansberry: American Masters
Explore the life and work of the playwright and activist.

7:30 **TV** As Time Goes By
The Book Signing

8:00 **NC** Midsomer Murders
SEASON PREMIERE! The Christmas Haunting, Part 1

9:00 **NC** Midsomer Murders
The Christmas Haunting, Part 2

**EX** Infinity Hall Live
Jass Stone

10:00 **TV** Bletchley Circle
Uncustomed Goods: Part 1

**EX** Kate
Nancy & Beth (Megan Mullally & Stephanie Hunt)

11:00 **TV** Resistance
Lili and her friend The Kid accept the risky task of distributing a newspaper produced by rebels.
3:30  North Carolina Bookwatch
   Jason Mott: The Crossing
   Randy Goodrum

4:00  Black Issues Forum
   Visit uncvt.org/bif.
   Austin City Limits

4:30  McLaughlin Group

5:00  Washington Week
   PBS NewsHour Weekend

5:30  PBS NewsHour Weekend
   nclIMPACT Health Disparities
   Meet barbers who warn against prostate cancer in African-American men.

6 PM  Midsomer Murders
   The Christmas Haunting, Part 1
   Black Issues Forum
   Death in Paradise
   Beyond the Shining Sea, Part 2

6:30  Blackademics
   Television
   Chang/Saenz

7:00  Midsomer Murders
   The Christmas Haunting, Part 2
   Civil War:
   The Untold Story of the Confederacy
   Yosemite

8:00  Little Women
   on Masterpiece
   Part 1 With their father away at war, sisters Meg, Jo, Beth and Amy March deal with their new life.

9:00  Little Women
   on Masterpiece
   Part 2 Circumstances change for Meg, Jo, Beth and Amy as the family faces its most difficult challenge.

10:00  Little Women
   on Masterpiece
   Part 3 As circumstances change for Meg, Jo, Beth and Amy, the family must unite to face a challenge.

11:00  EastEnders
   nclIMPACT Health Disparities
   Meet barbers who warn against prostate cancer in African-American men.

11:30  Antiques Roadshow
   Crocker Art Museum, Part 3

23 MONDAY

6 PM  PBS NewsHour
   BBC World News America
   Simply Ming
   Ming Tsai with William Kovel

6:30  BBC World News Outside Source
   Taste of Malaysia
   with Martin Yan

7:00  Flavor, NC
   State Farmers Market: Raleigh
   PBS NewsHour

7:30  North Carolina Weekend
   Travelscope
   Southern Ethiopia: Tribal Lands & Primeval People
Explore how our nation has concentrated poverty and limited housing options for African-American citizens on East Lake Meadows: A Public Housing Story, premiering Tuesday, March 24, at 8 PM, on UNC-TV.
9:30 TV Echo Sessions
Band: Ghost Note
€ Jazzy Vegetarian
Burnt Night!
€ Great Scenic
Railway Journeys
New Zealand: Overlander, Trans Coastal & More

10:00 TV American Epic
Blood & Soil Travel to the rural South as Elder Burch, Charley Patton and others record early Delta blues, gospel and protest songs.
€ North Carolina
Weekend
€ Bare Feet with Mickela Mallozzi
Where Asia Meets Europe (Turkey)  DV

10:30 TV Mad King in the Museum
€ Travelogue China
The Lost Civilization of Sanaingdai

11:00 TV Amanpour & Company
€ PBS NewsHour
Travelscope
Taiwan: Iron Pathways to Adventure, Part 2  DV

11:30 TV In the Americas with David Yetman
Dry Times in the South - The New Realities

27 FRIDAY

6 PM TV BBC World News
NC America
€ A Taste of History
Cameron & the Controversial Quaker

6:30 TV BBC World News
Today
€ Kevin Belton’s New Orleans Celebrations Latin Festival

7:00 TV McLaughlin Group
€ PBS NewsHour
€ Rick Steves’ Europe
Germany’s Frankfurt & Nurnberg

7:30 TV NC SPIN
€ Islands Without Cars with Kira Cook
Germany’s Heligoland Island

8:00 TV Washington Week
€ North Carolina Weekend
€ Downton Abbey
Season 4 on Masterpiece Part 3  DV

8:30 TV FRONT ROW
with Marc Rotterman
€ nclMPACT
Affordable Teacher Housing
See how costs mean some teachers can’t afford to live where they work.

9:00 TV Somewhere South
PREMIERE! American as Hand Pie From apple jacs to pizza rolls to empanadas, learn historical ties between this convenience food, labor and migration.
€ FRONT ROW
with Marc Rotterman
€ Downton Abbey
Season 4 on Masterpiece Part 4  DV

9:30 TV Washington Week
10:00 TV Inn at Little Washington: A Delicious Documentary tells the half-century story of Chef Patrick O’Connell’s acclaimed restaurant, Friday, March 27, at 10 PM, on UNC-TV.

10:00 TV North Carolina Weekend
€ Carolina
€ Business Review
€ New Scandinavian Cooking
Stockfish & Amber

10:30 TV nclMPACT
Affordable Teacher Housing
See how costs mean some teachers can’t afford to live where they work.
€ Open Mind
€ Jamie’s Quick & Easy Food
Asian Tuna Steak Salad, Ale barley Lamb Shanks

11:00 TV Growing a Greener World
From Seed to Fork: Growing an Abundant & Beautiful
€ The Woodwright’s Shop with Roy Underhill
Offset Turning  DV
€ A Taste of History
Penn’s Personal Brewery

11:30 TV P. Allen Smith’s Garden Home
Melting Potluck  DV
€ This American Land
Sharing the Gulf, Antiquities Act, Mississippi Wet
€ Bare Feet with Mickela Mallozzi
Where Asia Meets Europe (Turkey)  DV
### Noon \[TV\] GardenSMART
A behind-the-scenes look at a successful reclamation project is showcased.

\[NC\] To Dine for with Kate Sullivan
Sara Blakely, SPANX Inventor, Founder & CEO

\[FX\] Rudy Maxa’s World
Kyushu

### 12:30 \[TV\] America’s Heartland
Program for Farmers with Disabilities/New York City Farm Museum

\[NC\] TasteMAKERS
Union Kitchen, Washington, DC

\[FX\] In the Americas with David Yetman
Nicaragua: Land of the Shaking Earth Emerges

### 1:00 \[TV\] Antiques Roadshow
Desert Botanical Garden, Part 1

\[FX\] Exploring North Carolina
Highway to the Future

\[NC\] North Carolina Weekend

### 1:30 \[NC\] Expeditions with Patrick McMillan
Mountain Bogs: Threatened Heritage

\[FX\] Samantha Brown’s Places To Love
The Coastline of Maine

### 2:00 \[FX\] Rick Steves’ Europe
Sevilla

\[NC\] Muse
Mad King in the Museum

\[FX\] Chris Tarrant: Extreme Railways
Destination Timbuktu

### 2:30 \[FX\] Great Scenic Railway Journeys
New Zealand: Best Of

\[NC\] Story in the Public Square
Keeshaw Middlemass

### 3:00 \[FX\] Craftsman’s Legacy
The Bicycle Maker

\[NC\] To the Contrary with Bonnie Erbé
\[FX\] Chris Tarrant: Extreme Railways
Crossing the Baltics

### 3:30 \[FX\] American Woodshop
Shop Tool Tray Bench for the Organized Work Space

\[FX\] Firing Line with Margaret Hoover

### 4:00 \[FX\] This Old House Hour
Get help for your home.

\[FX\] FRONT ROW with Marc Rotterman
\[FX\] Chris Tarrant: Extreme Railways
Return to Yugoslavia

### 4:30 \[FX\] NC SPIN
Outdoor Journal

### 5:00 \[FX\] Carolina

### 6:00 \[FX\] PBS NewsHour Weekend
\[NC\] Nature
Yosemite [DV]

### 5:30 \[FX\] PBS NewsHour Weekend
Washington [NC]

### 6 PM \[FX\] Song of the Mountains
The Dillards

\[NC\] Classic Gospel
Joy in the Camp

\[FX\] NOVA
Japan’s Killer Quake

### 7:00 \[FX\] As Time Goes By
We’ll Always Have Paris

\[NC\] Sun Studio Sessions
Amy Lavere

\[FX\] Hedy Lamar:
American Masters
Discover the beauty and brains story of this actor/inventor.

### 8:00 \[FX\] Midsomer Murders
Let Us Prey, Part 1

\[NC\] Song of the Mountains
Terry Baucom & The Dukes of Drive/Dave Adkins Band

### 8:30 \[FX\] Erma Bombeck:
Legacy of Laughter
Premiere! Phil Donahue shares the extraordinary life and career of the beloved humorist.

### 9:00 \[FX\] Midsomer Murders
Let Us Prey, Part 2

\[NC\] David Holt’s State of Music
The Kruger Brothers

\[FX\] Infinity Hall Live
Sister Sparrow & the Dirty Birds

### 9:30 \[FX\] Bluegrass Underground
Brothers Osborne

### 10:00 \[FX\] Bletchley Circle
Uncustomized Goods: Part 2

\[NC\] Songs at the Center
Sugarcane Jane, Andrew Adkins, Ronnie “Diamond” Hoard

\[FX\] Kate
Marc Broussard

### 10:30 \[FX\] Songwriters
Matraca Berg

### 11:00 \[FX\] Resistance
Lili and The Kid escape arrest by the Gestapo and discover there’s a traitor in their midst.

\[NC\] Austin City Limits
LCD Soundsystem

\[FX\] Music Voyager
Atlanta: A Music Voyager Special

### 11:30 \[FX\] Songs at the Center
Carl Jackson, Larry Cordle & Jerry Salley

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### 6 AM \[FX\] Nature Cat
Mind in the World: A Tribute to Hubert Dreyfus

\[FX\] Finding Your Roots
This Land Is My Land with Queen Latifah & Jeffrey Wright

### 6:30 \[FX\] Wild Kratts
Education Matters

### 7:00 \[FX\] Ready Jet Go!
Open Mind

\[FX\] Antiques Roadshow
Desert Botanical Garden, Part 1

### 7:30 \[FX\] Daniel Tiger’s Neighborhood
ncIMPACT
A Tribute to Hubert Dreyfus

### 8:00 \[FX\] Curious George
In the Americas

### 8:30 \[FX\] Wild Kratts

cFIN Line with Margaret Hoover

### 9:00 \[FX\] This Old House Hour
Get help for your home.

\[FX\] Washington Week
\[FX\] Chris Tarrant: Extreme Railways
Crossing the Baltics

### 9:30 \[FX\] FRONT ROW with Marc Rotterman

### 10:00 \[FX\] Exploring North Carolina
Where Rivers Are Born

\[NC\] NC SPIN
\[FX\] Chris Tarrant: Extreme Railways
Return to Yugoslavia

### 10:30 \[FX\] Muse
Mad King in the Museum

\[NC\] North Carolina Bookwatch
Charles Frazier: Varina

### 11:00 \[FX\] Lidia’s Kitchen
A Roman Interlude

\[LF\] McLaughlin Group
\[FX\] Great British Baking Show
Masterclass 3

### 11:30 \[FX\] Christina Cooks: Back to the Cutting Board
Let’s Stop Sugarcoating the Truth

\[NC\] Story in the Public Square
Jamie Metzl

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**March | 21**
### Noon
- NC SPIN Carolina Outdoor Journal
- Samantha Brown’s Places To Love Sailing the British Virgin Islands

### 12:30
- FRONT ROW with Marc Rotterman
- Fishing Behind the Lines The First Time Fishing
- Downton Abbey Season 4 on Masterpiece Part 3

### 1:00
- Christopher Kimball’s Milk Street Television The Joy of Cooking Lebanon
- Song of the Mountains Terry Baucom & The Dukes of Drive/Dave Adkins Band

### 1:30
- Flavor of Poland with Aleksandra August Woodcar
- Downton Abbey Season 4 on Masterpiece Part 4

### 2:00
- America’s Test Kitchen from Cook’s Illustrated Nutritious & Delicious
- David Holt’s State of Music The Kruger Brothers

### 2:30
- Cook’s Country Comfort Food Done Right
- Bluegrass Underground Lauren Morrow
- Downton Abbey Season 4 on Masterpiece Part 5

### 3:00
- TasteMAKERS Atlantic Sea Farms, Portland, Maine
- Songs at the Center Sugarcane Jane, Andrew Adkins, Ronnie “Diamond” Hoard

### 3:30
- North Carolina Bookwatch Charles Frazier: Varina
- Songwriters Matraca Berg
- Tales from the Royal Bedchamber Historian Lucy Worsley reveals the importance of the palace’s regal bedroom.

### 4:00
- Black Issues Forum Visit unctv.org/bif.
- Austin City Limits LCD Soundsystem

### 4:30
- McLaughlin Group Endeavour Season 3 on Masterpiece Ride

### 5:00
- Washington Week PBS NewsHour Weekend

### 5:30
- PBS NewsHour Weekend

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**If you’re nuts for Nonnatus, don’t miss Call the Midwife’s season premiere, Sunday, March 29, at 8 PM, on UNC-TV.**
6:30 NC BBC World News Outside Source
6:30 Taste of Malaysia with Martin Yan
Penang Heritage
7:00 TV Flavor, NC
Apple Brandy Beef, North Wilkesboro
7:00 PBS NewsHour
Rick Steves’ Europe
Bulgaria
7:30 TV North Carolina Weekend
Northern Ethiopia: Ancient History & Spiritual Present
8:00 TV Secrets of the Dead
Ben Franklin’s Bones
North Carolina Bookwatch
Charles Frazier: Varina
Chris Tarrant: Extreme Railways
Journey to the Holy Land
8:30 TV Story in the Public Square
Jamie Metzl
9:00 TV Polio Crusade:
American Experience
Follow the decades-long crusade to eradicate one of the 20th century’s most dreaded diseases.
Muse
Mad King in the Museum
Chris Tarrant: Extreme Railways
The Alps
9:30 TV Comic Culture
Hilary Price
10:00 FRONTLINE
Plastic Wars: Did the plastic industry use recycling to sell more plastic?
Articulate
with Jim Cotter
Through the Fire
Chris Tarrant: Extreme Railways
Spain
10:30 NC Reconnecting Roots
Education of a Nation
11:00 Amanpour and Company
Uncovering South Korea
11:30 TV In the Americas
with David Yetman
The Blue Ridge Parkway: From VA to NC
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